



the power of **ONE**

by Rae Luskin

- One smile** can brighten someone's day
- One word** can start a dialogue
- One "I forgive you"** can heal a heart
- One "I'm sorry"** can reconcile a relationship
- One loving conversation** can transform a life
- One act of kindness** can inspire the next generation
- One individual standing up** for another can create community
- One minute of stillness** can connect you to Divine Love
- One act of peace** can send out ripples of hope
- One new idea** can spark a hundred
- One vote of conscience** can inform policy
- One act of collaboration** can cause sweeping change
- One person** can make a difference