

QUESTIONS FOR HEART STORMING YOUR SESSION

Please fill this out before our scheduled call.

Name:

Phone Number:

Email:

What is really going well in your life?

What are you most proud of?

What would you like to change in your life?

Is there a specific project you've been wanting to work on for some time now?

What is something you have wanted to do for years and still haven't gotten around to doing yet?

What gives you a great deal of pleasure but that you haven't done in a while (*dance, sing, play guitar, paint, cook, write, etc.*)?

What would you like people to say about you at the end of your life?

From your perspective, what is getting in the way of pursuing your dreams?

What would you like to get out of this call?

ON A SCALE OF 1-10 - 1 BEING LOWEST - 10 BEING HIGHEST

How satisfied are you with your health?

How satisfied are you with your relationships?

How satisfied are you with your state of financial freedom?

How satisfied are you with your use of your time and talents?